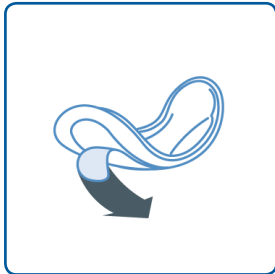


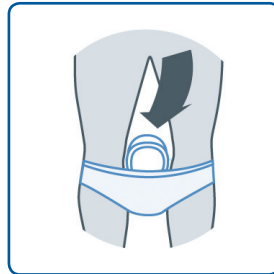
iD Expert Light (Shaped Pads)

iD Expert Light are pads designed for the small urinary losses caused by bladder weakness. Shaped like feminine towels, this range of products provides maximum discretion and security due to its anatomical fit.

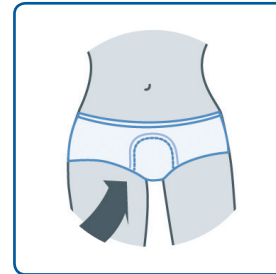
iD Expert Light Fitting Guide



Start by gently unfolding the product, smooth and flatten, then halve the pad lengthways forming a cupped shape in the central area of the pad. If the pad is elasticated, use this to help in shaping and cupping the product. From the back of the pad, remove the paper from the adhesive strip.



Stick the pad onto the crotch area of the pants, carefully positioning it so that any urine that escapes will go into the central area of the pad.



Finally, pull the pants up ensuring that the newly applied pad remains in place and fits closely to the groin. Light incontinence pads should always be worn with close fitting underwear.

iD Expert Light dos and don'ts

- ✓ Assess the user for correct absorbency
- ✓ Always fold pad lengthways to create bowl shape
- ✓ Ensure pad is fitting close to the body
- ✓ Pads can be removed from their packets up to an hour prior to use, to deliver optimum performance
- ✗ Never place one pad inside another to increase absorbency
- ✗ Never use talc as it reduces absorbency of the product
- ✗ When creams are prescribed, use sparingly to ensure the product works effectively
- ✗ The products are designed to be body worn, do not use as bed or chair protection