iD Expert Form (Shaped Pads)

iD Expert Form are anatomically shaped pads offering an ideal solution for managing moderate to heavy incontinence on mobile or semi-mobile patients. These products provide high levels of absorption, making the user feel dry and comfortable. For use with fixation net pants.

**FITTING GUIDE**

### iD Expert Form Fitting Guide – Standing

- **Start by pulling the fixation pants to just above the knee, with the top folded down in preparation for securing the pad.** Fold the fixation pad in half lengthways and channel to activate the antileak cuffs.
- **Pass the pad between the legs from front to back with the backsheets turned away from the skin.** If the patient is immobile, gently roll them onto their side with one leg slightly raised to prevent them from falling, and with safety in mind, bend the knees to create a channel between the legs.
- **Fan out both the back and front of the pad horizontally to create a channel shape between the legs.** Centre the pad by using the wetness indicators as a guide.
- **Pull up the fixation pants to fit securely over the product, ensuring the pants are fitted well at the top of the legs and that the pad remains closely fitted at the groin.** Adjust the pad and pants if required to ensure the user feels comfortable and secure. Finally, pull up the fixation pants into position and adjust accordingly.

### iD Expert Form Fitting Guide – Lying

- **Start by pulling the fixation pants to just above the knee, with the top folded down in preparation for securing the pad.** Fold the fixation pad in half lengthways and channel to activate the antileak cuffs.
- **Pass the pad between the legs from front to back with the backsheets turned away from the skin.** Centre the pad by using the wetness indicators as a guide.
- **Fan out both the back and front of the pad horizontally to create a channel shape between the legs.** Then smooth out the product, front and back.
- **Pull up the fixation pants to fit securely over the product, ensuring the pants are fitted well at the top of the legs and that the pad remains closely fitted at the groin.** Adjust the pad and pants if required to ensure the user feels comfortable and secure. Finally, pull up the fixation pants into position and adjust accordingly.