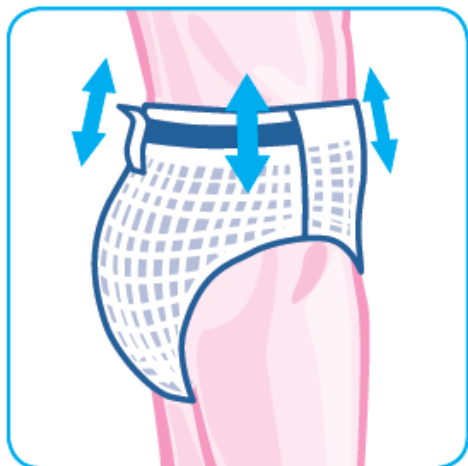
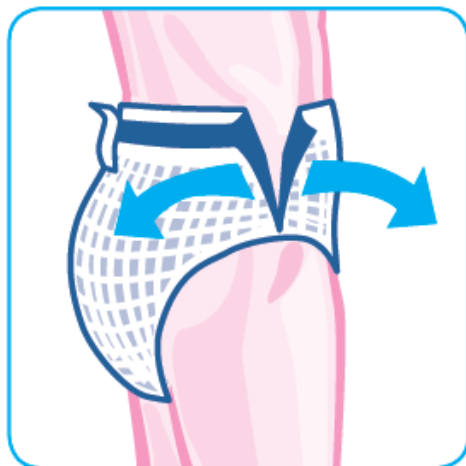


TENA *Pants* Fitting Guide – Standing



Pull up just like normal underwear.



Tear at the sides for easy removal.

TENA *Pants* do's and don'ts

- ✓ Measure around the hips for correct size
 - ✓ Assess for correct absorbency
 - ✓ Pull pad all way up
 - ✓ Ensure a close fit is achieved
 - ✓ Tear side-seam to remove pad
 - ✓ Use tape to wrap pad for disposal
 - ✗ Never place one pad inside another to increase absorbency
 - ✗ Never use talc, as it reduces the absorbency of the product
 - ✗ When creams are prescribed, use sparingly to ensure the product works effectively
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