

TENA Men Fitting Guide



Open the TENA Men packaging and unfold the pad, removing the tab to expose the adhesive strip.



Make sure that the wider part of the pad is positioned upwards.



Place the pad in snug-fitting underwear so that the adhesive strip attaches to the inside front.



Do not use with loose-fitting underwear or boxer shorts.

TENA Men do's and don'ts

- ✓ Assess user for correct absorbency
- ✓ Fold pad lengthways to create bowl shape
- ✓ Fit with wide end of pad pointing upward
- ✓ Ensure a close fit is achieved
- ✗ Never place one pad inside another to increase absorbency
- ✗ Never use talc, as it reduces the absorbency of the product
- ✗ When creams are prescribed, used sparingly to ensure the product works effectively